



# SEPTEMBER 2019

Happy Valley School District



All breakfasts include fresh fruit, cereal, whole grain crackers and choice of milk.

All lunches include salad bar with fresh fruits, vegetables and choice of milk.

## Monday

2

Ala carte milk  
.50  
1% white or  
Non- fat chocolate

## Tuesday

3

**Breakfast:**  
Biscuits and gravy  
**Lunch:**  
Sloppy joes  
Tater tots

## Wednesday

4

**Breakfast:**  
Homemade pancakes  
**Lunch:**  
Make your own burrito  
Mexicali corn

## Thursday

5

**Breakfast:**  
Bagels and cream cheese  
**Lunch:**  
Crispy chicken sandwich  
Oven fries

## Friday

6

**Breakfast:**  
Fresh baked cinnamon rolls  
**Lunch:**  
Beef hot dogs  
Pasta salad

### Breakfast:

9

Buttermilk bar  
**Lunch:**  
Deli sandwich  
Whole grain chips

### Breakfast:

10

Cinnamon toast and yogurt  
**Lunch:**  
Chili with beef  
Honey cornbread

### Breakfast:

11

Oatmeal with granola  
**Lunch:**  
Pork fried rice  
Fortune cookie

### Breakfast:

12

Pancake sausage  
**Lunch:**  
BBQ turkey sandwich  
Oven fries

### Breakfast:

13

Scrambled eggs/hashbrowns  
**Lunch:**  
Chicken fajitas  
Refried beans

### Breakfast:

16

Cinnamon toast and yogurt  
**Lunch:**  
Hamburger  
Oven fries

### Breakfast:

17

Homemade breakfast  
sandwich  
**Lunch:**  
Chicken alfredo pasta

### Breakfast:

18

Fresh baked scones  
**Lunch:**  
Nachos with beef

### Breakfast:

19

Breakfast pizza  
**Lunch:**  
Turkey corn dogs  
BBQ beans

### Breakfast:

20

Homemade muffin squares  
**Lunch:**  
Grilled cheese sandwich  
Tater tots

### Breakfast:

23

Bagels and cream cheese  
**Lunch:**  
Chicken nuggets  
Broccoli bites

### Breakfast:

24

Biscuits and gravy  
**Lunch:**  
Spaghetti with meat sauce  
Garlic breadstick

### Breakfast:

25

Homemade french toast  
**Lunch:**  
Chicken salad sandwich  
Whole grain chips

### Breakfast:

26

Scrambled eggs  
Home fries  
**Lunch:**  
Make your own burrito

### Breakfast:

27

Fresh baked cinnamon rolls  
**Lunch:**  
Homemade pepperoni pizza  
Caesar salad

### Breakfast:

30

Buttermilk bars  
**Lunch:**  
Ham and cheese melt  
Goldfish crackers

Happy Valley Union School District offers free meals to all enrolled students under the Community Eligibility Provision as defined by the USDA.  
Menu subject to change.

In an effort to serve your children the freshest produce possible, the daily fruit and vegetable choice will depend on what is seasonably available.  
Happy Valley Union Elementary School District is an equal opportunity provider and employer.